

50th Anniversary

As the days are getting longer and warmer there are lots of things happening. So, have you marked in your calendar the Community House 50th Anniversary Celebrations on

Sunday 16 Nov? This will be a great day to enjoy, with demonstrations, food and drink, music and lots of information about our 50 years of history.



It will also be a great opportunity for friends and neighbours to meet and chat and find out about what the Community House offers.

Everyone will be welcome so remember to check that you have it in your calendar, and invite your friends and neighbours.

Not-for-profit of the month

Each month the on-line community newsletter – **Find Maroondah**, is published. This is a newsletter supporting all things Maroondah. It is a place for not-for-profits including schools, sporting groups, and others to highlight their activities. Each month the paper also identifies has a Not-For-Profit of the month and this month this is the North Ringwood Community House.

The article is a great read, acknowledging that our Community house transforms lives, one story at a time. It also highlights that our activities bring people together and keeps them coming back for more.



The article also promotes our 50th anniversary celebration to be held on Sunday 16th November.

To read **Find Maroondah** go to www.findmaroondah.com.au.

Bear feet

Did you know that if Paddington Bear puts on sox and shoes, he still has bare feet.



My Aged Care

My Aged Care, established by the Australian Government, recognises that as people get older they may have different needs. It is therefore important that they find out what is available to provide them with the best support. To help understand My Aged Care the Community House is hosting a session on how aged care works and what support is available.

This will be a relaxed and informative session presented by Dovidia, a provider of home care services in Melbourne's Eastern Suburbs. They will provide a range of information and answer any questions you may have.



The session will help find and access the right government funded aged care services for people with a range of different needs.

Even if you don't need support today, you may benefit from knowing what is available that may be relevant in the future. Also, you may know someone, a family member or friend, who would benefit from knowing what support is available and how to access that support.

The My Aged Care session is a free event to be held on Monday 27th October 1:00 to 3:00 at the North Ringwood Community House. To register call the Office (9876 3421) or visit the website www.nrch.org.au.

Cheese making

It's great to be able to create something that you, your family and friends can all enjoy together. And this is particularly great as we get closer to Christmas and the holiday season. And the warmer weather makes it great to have friends over.



Imagine sitting outside, maybe with a glass of wine or a cup of tea or coffee, and enjoying some lovely cheese and biscuits, especially if you had made the cheese yourself.



To help you achieve this wonderful time with friends and family, the Community House is holding cheese making workshop, and also dinner will be provided afterwards.

The workshop will dive into the creamy world of fresh cheesemaking. It will be a beginner friendly workshop demonstrating how to craft four versatile and delicious cheeses - ricotta, paneer, mozzarella and express halloumi.

After the workshop will be a delicious Paneer Curry.

Come and learn how to make your own cheeses and enjoy dinner on Thursday 11 Nov, 6:30 to 8:00. Cost is \$60.00 including dinner. To register call the Office (9876 3421) or visit the website www.nrch.org.au.

Bug Hotel Workshop

Bugs are an important part of our environment. For example, bees and other insects spread pollen while other bugs help keep the environment in balance. So come along to enjoy a hands-on workshop to discuss the beneficial insects and help create safe, inviting habitats for them.



You will do some foraging in the gardens in and around the Community House to find and build places for our little friends to live in. For example, did you know that native Australian bees do not live in hives? Instead, they may live in holes in wood, in long branches or in the earth.



This will be a fun and educational workshop on Saturday 25 the October (this coming weekend). Cost is just \$5.00. To register call the Office (9876 3421) or visit the website www.nrchi.org.au.

Computer Skills

Every day there are new opportunities and challenges when using a computer. So is it time to upgrade your computer skills at home or at work?



To help, the Community House is offering beginners and intermediate computer skills workshops at a 50% discount. This is to encourage you, particularly if you are finding computers a bit of a challenge at the moment.



The **Digital Literacy – Beginners** course is on Tuesdays at 12:30. This will help you learn how to use the internet, email and online systems. It is fun and flexible and perfect for anyone looking to gain confidence and understanding while using computers for everyday life. Even if you think you are just okay with your computer, this will help you get confidence.

The **Digital literacy- intermediate** course is on Tuesdays, from 9:30. This will boost your confidence and range of skills beyond the basic, focusing on Microsoft Word/Excel, internet and email.



A picture of Australia

A kangaroo lying down with an emu enjoying the shade of a gum tree and a Holden Commodore car behind. And there is probably a koala up the tree and a kookaburra singing in the background.



Maroondah Festival

This year's Maroondah Festival will be on Sunday 9th November at Town Park Croydon.

This is a fantastic event first held in 1990 to bring together Council, community groups, local traders and key business stakeholders within the eastern region of Melbourne. However, its real achievement is that it brings together the whole of our community for a fun day.



There are activities for children, concerts, food, rides and lots of different stalls and experiences. This includes stalls highlighting different organisations, including the North Ringwood Community House and other nearby Community Houses.

The Festival is a day to bring your whole family, an event not to miss. And come and say hello to the Community House representatives.

The Festival will be at the Town Park Croydon on Sunday 9 November, 10am to 4pm.

Maroondah Photographic Society

Are you interested in photography? If so the Maroondah Photographic Society (MPS), which meets at the North Ringwood Community House, may be the Club for you.

MPS is an enthusiastic and friendly club of amateurs who enjoy getting together and discussing all things photographic and, of course, taking lots of photos.

The Club has been operating for more than 60 years with the aim of helping people enjoy their hobby and grow their photographic skills. This is achieved by sharing photographs with other enthusiasts in an inclusive club setting.

They also offer:

- Monthly club competitions
- Inter-club competitions
- Workshops
- Special interest groups
- Outings

To find out more go to the Club website (www.mpsociety.org.au)

or drop in to a meeting, visitors and prospective members are always welcome. Meeting starts at 7:30 pm on the 1st and 3rd Wednesday of each month at the Community House or via live video conferencing.

