

Christmas shopping made easy

It's the middle of November already and that means Christmas is coming and it's time to start thinking about Christmas presents. You can always buy a present, but nothing is better than giving something you have made. So how about coming to the special Christmas Polymer Clay Earrings Workshop and make unique and special earrings? You can make earrings in different styles and colours to suit your friends (or yourself).



Better still, bring a friend, your daughter or your mother. Guys can also make earrings so bring your son, father or husband/partner as well.

The course is on Saturday 9th Dec from 10.00am - 12.30pm and costs \$40 per person. This includes all materials so you can take home multiple pairs of earrings.

Christmas is also a time to decorate your home. You can buy plastic decorations from just about anywhere, but like the earrings, it's nicer to have something you made yourself. And the perfect decoration for your home is a Christmas Floral Wreath made with fresh greenery and seasonal flowers. This can be hung on your front door, or anywhere in your home to add colour and joy.



The Christmas Floral Wreath course is on Saturday 25th Nov from 1.00pm - 3.00pm and costs \$60. This includes all flowers and materials. You will then be able to create your own wreaths year round to bring a sense of style to your home.

Planning for Next Year

As we near the end of this year many of us get busy. Planning for Christmas, working out what to do with the children or grandchildren, getting the garden ready for summer and maybe even planning a holiday, all take time. Then, all of a sudden it's 2024. So while you have a few moments now, have a look at the NRCHI list of courses and start planning. There are lots to choose from including Health and



Wellbeing, Social, Languages and Computers. Then over the holiday period have a talk to family and friends and join a course/social group together.

You can also do some pre-accredited and accredited training and gain qualifications in aged care.

Whatever you fancy there is likely to be a course at the NRCHI, so have a look at our courses on our website www.nrch.org.au.



You said you would do it when you got one

Do you know someone who is a bit bored or lonely? Maybe they have just retired or lost their partner (or their favourite pet). Or maybe they just don't get around to finding out about activities in their local neighbourhood. And if you suggest something they say okay, but then never do anything about your suggestion.



So if you know someone who needs a bit of encouragement to find some activities, such as a course or social activity at the NRCHI cut out this Tuit and give it to them. It's a special round one and they said they would do it when they got a round Tuit, so they have no excuse!



And to start, suggest they call in to the Community House and have a look around and find out about next year's courses. They could also sit in our lounge and read a book from our library, which they can take home if they enjoy it. Maybe they would like to try a Monday morning Bush Nomads walk or come to meet some friendly people at the Fab Group on Thursdays.

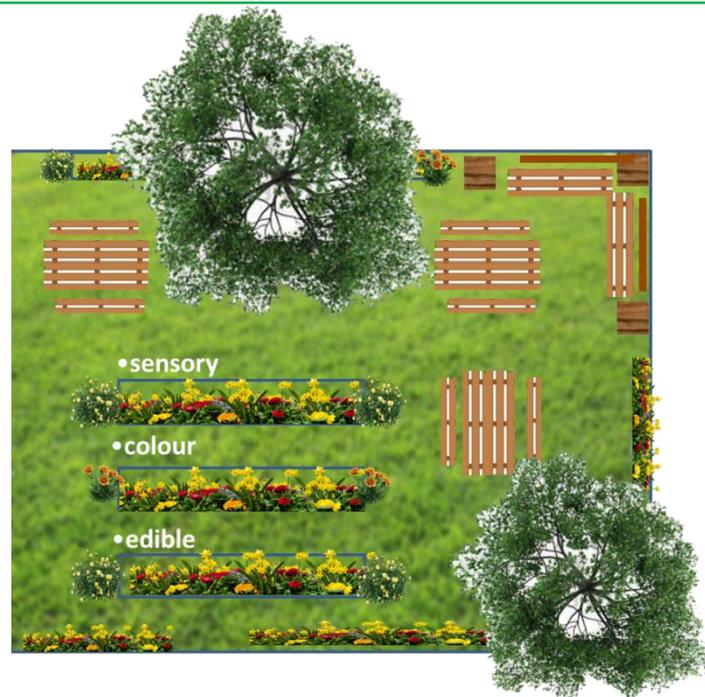
And they will make new friends.

Community House Garden

In the last Newsletter it was mentioned that the NRCHI is planning to make the enclosed outside space into a more enjoyable garden. It was also mentioned that the Bendigo Bank was providing money to support our garden and on 8th November we received a cheque for \$2,500. This means we can start planning our new garden.

If you have ideas or would like to become involved please contact our office.

A huge thank you to the Bendigo Bank.



Maroondah Carols

Saturday 2 December | 6pm to 10pm | Town Park, Croydon

Maroondah City Council is hosting Maroondah Carols. This will include pre-show entertainment, the Maroondah Carols Band, delicious food vendors, a free kids zone and a spectacular firework show. Auslan interpreters will also be at this event.

Bring along a picnic hamper and dine on the lawns or purchase dinner from one of the many food vendors on site. Also a picnic rug, chair (low back only), a reusable water bottle, appropriate clothing for the weather and a torch.



Maroondah Photographic Society



The NRCHI is pleased to host the meetings of the Maroondah Photographic Society. This is a friendly club of amateurs who enjoy getting together and discussing all things photographic and, of course, taking lots of photos. It has been operating for more than 60 years to help people enjoy photography and to grow and develop their skills. They have:

- Monthly club competitions
- Workshops
- Inter-club competition
- Special interest groups
- Outings



The Society meets at 7:45 pm on the 1st and 3rd Wednesday of each month at the North Ringwood Community House or via live video conferencing. Visitors are always welcome.



The next meeting will be on 6th December and will be judging of the end of year photographic competitions, a chance to see some great photos and hear from an expert about creating high calibre images.

For more information go to: www.mpsociety.org.au or Facebook www.facebook.com/MPsociety/

Christmas Markets at Eastland

Eastland is running markets in the Ringwood Town Square on Fridays in December. These will have live entertainment, street food, free kids' activities and a range of local market stalls and, according to Eastland, will be a place to explore and discover unique gifts and enjoy delicious treats.



The markets will run from 5pm – 9pm each Friday from 1st – 22nd December in the Ringwood Town Square (at the entrance to Eastland opposite the Ringwood Railway station).

EASTLAND

Entry is free but gold coin donations are welcome to support the Salvation Army.

Maroondah News

Each month the Maroondah City Council produces a number of newsletters that can be viewed on your computer. These include:

- Maroondah eNews
- Children and Families newsletter
- Nature News
- Wyreena newsletter
- Maroondah Leisure Active eNews
- Waste and sustainability newsletter
- Arts in Maroondah
- Karralyka Theatre news

To subscribe to these go to the Council website (www.maroondah.vic.gov.au/About-Council/News/Maroondah-eNews).

As an example, and as we are nearing the end of the year it's a good time for parents, particularly of young children, to look at the Maroondah Children and Families newsletter. This highlights:

- Fun events and activities for families
- Christmas events
- Kindergarten and primary school preparation information for parents
- How Child Safe Standards protect children



To find out more and to subscribe to the Newsletter go to www.maroondah.vic.gov.au/Community-support-business/Children-and-families

Maroondah 2050 Community Vision.

The Maroondah City Council is asking people who live or work in Maroondah to imagine Maroondah in 2050. They want people to tell them what they hope Maroondah will be like and what the Council needs to prioritise.

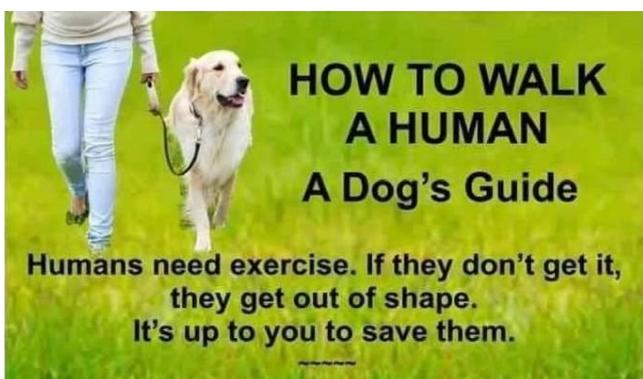


To have your say to help shape the future in Maroondah people are being asked to complete an online survey.

You can also offer to be part of the Maroondah Community Panel. This aims to bring together a diverse group of Maroondah community members to partner with Council to develop the draft Maroondah 2050 Community Vision.

For more information and to do the survey click on the following link [Maroondah 2050 Vision](http://www.yoursay.maroondah.vic.gov.au/maroondah-2050) or go www.yoursay.maroondah.vic.gov.au/maroondah-2050 for more information. And if you complete the survey before 6 December you may win one of ten \$100 Eastland Gift Cards.

For the dog lovers



1. **Allow your human to tether themselves to you. This keeps them from wandering off or running away.**
2. **Your human will probably need breaks. Be considerate and stop and sniff often.**
3. **Bark frequently. Human have short attention spans.**
4. **When you go to the bathroom, walk away. If you have trained your human correctly, they will pick it up. It is good aerobics.**
5. **Periodically drag your human as fast as you can. This is called *Interval Training*.**
6. **Do not allow your human shorten the walk. They are being lazy. Sit in protest if you must.**
7. **Once you return home, allow your human to remove their tether, then lick their face many times This is positive reinforcement for a job well done.**



Current courses

Each week NRCHI offers many and varied courses. For information on the courses, dates, times and fees go to the www.nrchi.org.au and download the course guide or contact the office on 9876 3421 or admin@nrchi.org.au.



Arts and crafts

- Xmas Polymer Clay Earrings
- Drawing with Owen
- Drawing and Painting
- Watercolours for beginners
- Leadlighting
- Ukulele
- Xmas wreaths
- Porcelain Doll and Figurine painting



Social

- Book Club
- Coffee & Craft
- Fab Group
- Coffee and craft

Mind and learning

- Genealogy
- Italian for beginners
- Italian intermediate
- Italian advanced
- Spanish for beginners
- Spanish intermediate



Exercise

- Bush Nomads
- Seated Yoga
- Yoga
- Strong People Stay Young
- Qi Gong (founded on Tai Chi)
- Tai Chi (all levels)
- Pilates
- Zumba Gold (with a lower intensity)



Pre- Accredited Training

- Intro to domestic aged care
- Auslan Beginners
- Basic Computer skills for beginners
- Beyond basic computer skills
- Word and Excel
- Advanced Excel
- Professional Creative Writing

