

Certificate IV in Leisure & Health (CHC43415)



Assist with the design, implementation and evaluation of health and leisure activities and programs for clients in day support, a residential service and/or in a community agency and day service.

North Ringwood Community House provides quality programs led by highly qualified trainers who have valuable experiences in training and industry. They understand the needs of adults – especially those who are returning to study.

Learn in a supportive environment with small class sizes, modern facilities, onsite free car parking, free internet and individual laptops for use while in the classroom.

Delivery Method

- Course delivered face to face using flexible learning and assessment methods
- Classroom work and group discussions
- Offsite manual handling training
- Return to Study and Study Support available.
- Work placement and assessment in group homes, respite centres or open employment facilities
- On-line resources including course timetables and assessment materials
- Pathways and career information

Course

Class attendance

1 day per week

5 hour classes 9.30am-3.00pm – face to face

120 hours work placement in an aged care facility or particular disability service. More information available at the pre-enrolment interview

Approximately 23 additional hours per week mandatory practicum and self paced learning (discuss with Training Coordinator)

Assessment

Students will be assessed using a range of assessment methods including written assessments, practical assessment, project work, group work, oral presentations, (discuss with Training Coordinator) participation in class discussions and workplace assessment.

Practical Placement

Practical Placement is a vital part of the course which allows the student to practice their knowledge and skills in the workplace.

Students are required to undertake 120 hours of practical placement during the

course. Students are encouraged to organise their own placement, or NRCH can coordinate placement for students.

Entry Requirements

There are no pre-requisite requirements for individual units of competency. North Ringwood Community House has set the following entry requirements for enrolment in this course:

- An interview is required prior to enrolment which includes a “Pre-Training Review” to enable us to ensure that the course you are choosing is the most suitable one for you
- You will be required to undertake a language, literacy and numeracy quiz. The purpose of this is to ascertain any language, numeracy or literacy barriers for which you may need support and to ensure you have the best chance to successfully undertake this level of study
- You are required to provide a current Victorian Police Check
- You will need to commit to 120 hours of voluntary practical placement

Assessment Method

Assessment will be via a combination of:

- Written tasks
- Observation in the workplace
- Supervisor reports
- Oral questions if required

Accredited training is assessed against a specified benchmark and is Competency based. This means that no marks are given and students are assessed as either “Satisfactory” or “Not Yet Satisfactory” If a student is deemed Not Yet Satisfactory there is at least one chance to resubmit the work.

All tasks must be satisfactorily completed in order to gain Competency in the unit. In addition, some units cannot have the assessment result finalised until the student has completed a specified number of placement hours.

Accreditation/Certification

North Ringwood Community House Inc is an Accredited Training Organisation, No. 6434.

This course is nationally recognised and accredited. On completion of the course you will receive a testamur for the qualification.

Course Delivery –

Course is made up of 17 units – 10 core units and 7 elective units

Core units are:

- CHCCOM002** Use communication to build relationships
- CHCDIV001** Work with diverse people
- CHCLAH001** Work effectively in the leisure and health industries
- CHCLAH002** Contribute to leisure and health programming
- CHCLAH003** Participate in the planning, implementation & monitoring of individual leisure & health programs
- CHCLAH004** Participate in planning leisure and health programs for clients with complex needs
- CHCLAH005** Incorporate lifespan development & sociological concepts into leisure & health programming
- CHCPRP003** Reflect on and improve own professional practice
- HLTAAP002** Confirm physical health status



HLTWHS002 Follow safe work practices for direct client care

Elective units are:

- CHCAGE005** Provide support to people living with dementia
- CHCDIS003** Support community participation and social inclusion
- CHCDIS002** Follow established person-centred behaviour supports
- CHCCCS023** Support independence and well being
- CHCVOL003** Recruit, induct and support volunteers
- CHCDIS007** Facilitate the empowerment of people with disability
- CHCAGE001** Facilitate the empowerment of older people

Pathway

Pathway into other qualifications such as leisure and health, Disability or Nursing

Cost of the Course

Funded fee: If you meet the eligibility requirements for Government subsidised training the following fees and charges apply for 2024.

| | | | |
|------------------|--------------|---------------------------------|--------------|
| Tuition fee | \$400 | * <i>Concession</i> Tuition fee | \$80 |
| Student services | \$100 | Student services | \$100 |
| Materials | \$100 | Materials | \$100 |
| Total | \$600 | Total | \$280 |

Fee for service: If you do not meet the eligibility requirements for Government subsidised training the following fees and charges apply.

| | | | |
|------------------|----------------|---------------------------------|----------------|
| Tuition fee | \$1450 | * <i>Concession</i> Tuition fee | \$1250 |
| Student Services | \$100 | Student Services | \$100 |
| Materials | \$100 | Manuals | \$100 |
| Total | \$1,650 | Total | \$1,450 |

A deposit of \$200 is required on enrolment and the balance prior to course commencement. A payment plan

for the balance will be negotiated prior to enrolment if required.

* Concession fees are available to those on government pensions and health care cards. These cards must be produced and a copy made for our records.

Training is delivered with State and Commonwealth Government Funding
For details of Victorian Skills First support for students go to

<https://www.skills.vic.gov.au/s/how-to-check-your-eligibility>

“The student tuition fees as published are subject to change given individual circumstances at enrolment. Additional fees may apply such as student services and amenities fees”

North Ringwood Community House offers accessible, equitable and equal opportunity programs, training and services. We aim to enhance life and work opportunities for our students.

People with disabilities are welcome to apply



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 Ringwood North VIC 3134

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 Registered Training Organisation 6434

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www.nrch.org.au

[www.facebook.com/NorthRingwood Chi/](https://www.facebook.com/NorthRingwoodChi/)
www.instagram.com/northringwoodcommunityhouse/

